



PARUMALA 
ONCOINSIGHT
2025 2.0

St. Gregorios International Cancer Care Centre



16th March 2025

at St. Gregorios Medical Mission Multi Speciality Hospital



CELEBRATES
50 YEARS OF
HAPPY
HEALING



PARUMALA ONCOINSIGHT 2025 2.0

St. Gregorios International Cancer Care Centre

In Association with



IMA - Mavelikara



16th
MARCH
2025

St. GREGORIOS

MEDICAL MISSION MULTI-SPECIALITY HOSPITAL

Parumala P.O, Thiruvalla

Greetings from

St. Gregorios International Cancer Centre !

Cancer remains one of the most pressing challenges in global health demanding not only scientific ingenuity but also compassionate care and multidisciplinary collaboration. Oncology is a rapidly evolving field with groundbreaking research and novel therapies continually transforming patient outcomes. Oncoinsights 2.0 hosted right here in our hospital is designed to provide you with cutting-edge insights, and evidence-based strategies to enhance your clinical expertise and improve the quality of care for your patients.

Over the course of this CME, we will explore key topics ranging from innovative diagnostic techniques and targeted therapies to the complexities of survivorship and Multidisciplinary tumour board decision making in liver cancer and thyroid malignancies. Esteemed faculties from many prestigious institutions will exchange their experience and expertise on this day. We join our hands with AMPOK and IMA Mavelikkara. Together, let us advance our collective knowledge and reaffirm our mission to deliver exceptional cancer care.



PROGRAMME

1 09:00 AM - 09:20 AM

Radiological dilemmas in Hepatocellular carcinoma-when will you opt in for a biopsy

Chairperson

Dr. Adithya Das

Consultant Radiologist
St. Gregorios Medical Mission Hospital, Parumala

Dr. Geena Benjamin

Professor & Head of the Dept. of Radio-Diagnosis
Pushpagiri Medical College Hospital, Thiruvalla

Dr. Abu Abraham Koshy

Consultant Medical Oncologist
MGM Muthoot Hospital, Kozhencherry

Dr. Dany Jose Titus

Associate Professor, Dept. of Radio-Diagnosis
Believers Church Medical College Hospital, Thiruvalla

2 09:20 AM - 09:40 AM

Unravel The Roots and Catch It Early: Exploring The Etiology and Screening Strategies for Hepatocellular Carcinoma

Chairperson

Dr. Charles Panackel

Senior Consultant in Hepatology
Aster Medicity, Cochin

Dr. George Thomas

Senior Consultant Gastroenterologist
MGM Muthoot Hospital, Kozhencherry

Dr. Balasubramanian

Senior Consultant Gastroenterologist
Digestive Disease Centre, Mavelikara

3 09:40 AM - 10:00 AM

Resection or Transplant: Decoding The Battle for The Best Cure in Hepatocellular Carcinoma

Chairperson

Dr. Ramachandran Narayana Menon

Clinical Associate Professor- GI,
Vascular and solid Organ Transplant Unit
Amrita Institute of Medical Sciences, Cochin

Dr. Rejeesh Selvaganesan

Consultant Surgical Gastroenterologist
KIMS Health, Nagercoil

Dr. Arun S Nair

Consultant Surgical Gastroenterologist
St. Gregorios Medical Mission Hospital, Parumala

Dr. Jino Sebastian

Consultant Onco Surgeon
Believers Church Medical College Hospital, Thiruvalla

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10:00 AM - 10:30 AM

RFA Vs. SABR: Precision and Power in Hepatocellular Carcinoma Treatment

Chairperson

Dr. Jose Paul

HOD & Senior Consultant in Radiation Oncology
Rajagiri Hospital, Aluva

Dr. Lijesh kumar

HOD & Senior Consultant in Endovascular and Interventional Radiology Lisie Hospital, Cochin

Dr. Jacob John

Consultant Radiation Oncologist
MGM Muthoot Hospital, Kozhencherry

Dr Bibin Sebastian

Director & Senior Consultant, St. Gregorios Advanced Interventional Radiology Services (STAIRS)
St. Gregorios Medical Mission Hospital, Parumala

10.30 AM - 10.45 AM

Tea Break

5

10:45 AM - 11:05 AM

Breaking Barriers: Advancing Systemic Therapy in The Fight Against Advanced Hepatocellular Carcinoma

Chairperson

Dr. Anoop T M

Additional Professor, E Clinic, Dept. of Medical Oncology
Regional Cancer Centre (RCC), Trivandrum

Dr. Boben Thomas

Senior Consultant Medical Oncologist
Caritas Hospital, Thellakom

Dr. Jayasankar P

Consultant Medical Oncologist
Lisie Cancer Centre (LCC), Cochin

6

11:10 AM - 12:00 PM

Hepatocellular Carcinoma Uncovered: Expert Insights, Innovations, And The Path Forward

Panelist

Panel Discussion

Dr. Arun Philip

Senior Consultant - Medical & Hemato Oncology
Rajagiri Hospital, Aluva

Dr. Wesley M Jose

Clinical Professor, Medical Oncology
Amrita Institute of Medial Sciences, Cochin

Dr. Varun Raj

Consultant Medical Oncologist
Medical Trust Hospital, Ernakulam

Dr. Arun Lal M

Senior Consultant Radiation Oncologist
Lisie Cancer Centre (LCC), Cochin

Dr. Lijeshkumar

HOD & Senior Consultant in Endovascular & Interventional Radiology, Lisie Hospital, Cochin

Dr. Murali Appukuttan

HOD, Gastro & HPB Surgery
Pushpagiri Medical College Hospital, Thiruvalla

Dr. Deepak Johnson

HOD & Senior Consultant Gastroenterologist
Believers Church Medical College, Hospital

Dr. Santhosh Sampath

Clinical Lead, Dept. of Nuclear Medicine
Dr. Rela Institute and Medical Centre, Chennai

12.00 PM - 1.00 PM

Official Inauguration

01.00 PM - 2.00 PM

Lunch Break

7 02:00 PM - 02:20 PM

From Expertise to Innovation:
Navigating Hepatocellular Carcinoma
Treatment in Russia

Dr. Myslevtsev Igor, Ph.D.

Head, Dept. of Oncology
Autonomous Non-profit Organization
Central Clinical Hospital of St. Alexis.
Head of the Chemotherapy Outpatient Cancer Care Center,
S P Botkin Multidisciplinary Scientific and Clinical Center,
Moscow, Russia

8 02:20 PM - 02:40 PM

Incidental Thyroid Nodules: Redefining
the Approach

Chairperson

Dr. Belinda George

Professor & HOD, Dept. of Endocrinology
St. John's Medical College, Bengaluru

Dr. Anulekha Mary John

Professor, Dept. of endocrinology
Believers Church Medical College Hospital, Thiruvalla

Dr. Anjana Mary Reynolds

Associate Professor, Dept. of ENT,
Pushpagiri Medical College Hospital, Thiruvalla

02:40 PM - 03:00 PM

9 Ultrasound Guided Percutaneous
Ablation of Thyroid Nodules – An
Alternative for Surgery?

Chairperson

Dr. Brijesh Ray R S

Senior Consultant in Clinical Imaging &
Interventional Radiology, Aster Medicity, Cochin

Dr. Johns T Johnson

Consultant Endocrinologist,
Marsleeva Medicity, Pala, Kottayam

Dr. Anish Krishnan

Consultant ENT, Head and Neck surgery,
NS Memorial Hospital, Kollam

10 03:00 PM - 03:20 PM

Unresolved Issues in The Extent of
Thyroid Cancer Surgery: A Call for
Clarity

Chairperson

Dr. Shawn T Joseph

Director, Institute of Head & Neck Sciences
VPS Lakeshore Hospital, Cochin

Dr. Sunil Janardhanan Unnithan

Chief Consultant ENT Surgeon, KERF, Kollam

Dr. Ameen Sumais A.P

Consultant in ENT/ Head & Neck Surgical Oncology
MGM Muthoot Hospital, Kozhencherry

11 03:20 PM - 03:40 PM

Challenging The Status Quo: Rethinking
Radio Iodine Therapy On Low Risk
Thyroid Cancer

Chairperson

Dr. Santhosh Sampath

Clinical Lead, Dept. of Nuclear Medicine
Dr. Rela Institute and Medical Centre, Chennai

Dr. Sreekumar

Additional Professor & Head, Dept. of Nuclear Medicine
Regional Cancer Centre, Trivandrum

Dr. Sanu P. Moideen

Senior Consultant in Head and Neck Oncology
Smita Memorial Hospital and Research Centre

12 03:40 PM - 04:30 PM

Beyond One Size Fits All: Individualizing
Thyroid Cancer Management

Panelist

Panel Discussion

Dr. Krishna Kumar. T

Professor & HOD, Dept. of Head & Neck Surgery
Amrita Institute of Medical Sciences, Cochin

Dr. Elizabeth Iype

Head & Neck Surgical Oncologist
Regional Cancer Centre, Trivandrum

Dr. Sandeep Suresh

Consultant Head & Neck Surgeon
Lisie Cancer Centre, Cochin

Dr. Arun Sasikumar

Managing Director & Chief Consultant in Nuclear Medicine
Swasti PET/CT Imaging and Nuclear Medicine, Trivandrum

Dr. Sreenath R

Senior Consultant Endocrinologist
Caritas Hospital, Kottayam

Dr. Unni S Pillai

Senior Consultant Medical Oncologist
Caritas Hospital, Kottayam

Dr. Boaz Vincent

Consultant Radiation Oncologist
KMC Hospital, Chengannur



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